

HELP THAT MAKES A DIFFERENCE FOR YOU AND YOUR STUDENTS



COVID-19 has had a profound effect on teachers and other professionals in the school systems, leaving many feeling overworked, stressed, and exhausted. From teachers to social workers to administrators, all professionals in the educational system experienced the need to adapt to an ever-changing environment.

A WAY OF BEING THAT MOTIVATES STUDENTS

Do you see attendance issues? Low morale? Experimentation with alcohol, drugs, or criminal mischief? NovoVia offers a new approach and practical tools to help you better support teens. Motivational interviewing (MI) helps with everyday communication and works on the most challenging problems teens are facing as well.

Increase Motivation



Supplement your teaching toolbox with additional skills to increase your students' motivation and commitment to learn.

Reduce Stress



Understand your students' perspectives to encourage collaboration, lighten the workload and reduce frustration and stress for all involved.

Increase Responsibility



Encourage your students to participate actively in school and take more responsibility for their learning.

MOTIVATIONAL INTERVIEWING (MI) IN SCHOOLS

MI is an evidence-based counselling approach that has over 40 years of proven, measurable success. It uses an empathetic and collaborative conversational style for interpersonal interactions to strengthen personal motivation and commitment to change.

A TASTE OF MI COMPLIMENTARY WORKSHOP

Who Should Attend

- Teachers
- Principles and School Administrators
- School Counsellors
- Special Needs Teachers
- Career Counsellors
- Therapists
- Social Workers
- Employment Specialists
- Psychologists
- Health Care Professionals

Format

- Virtual (online via Zoom) or in-person
- Interactive, experiential, and actionable information
- Lunch 'n Learn, existing staff meeting, or customized timing

Duration

- 60 - 90 minutes

Agenda

- Intro to MI - Motivational factors and the language of motivation
- An MI Experience
- How to use it in your work and personal life
- Fun contest to win my new book: *Lighthouse Conversations. Being a Beacon for Teens*,



Jennifer Ollis Blomqvist, BSc, MSW
Cognitive Behavioural Coach
MI-trainer, Member of MINT

WHO AM I?

- An inspirational, committed, and trusted expert in Motivational Interviewing (MI) with over 20 years of experience teaching and using MI in organizations.
- Committed to sharing MI to benefit organizations.
- Founder of NovoVia, a virtual center for training professionals in MI.
- Bring MI to life with relatable training, coaching, and real-world examples.

NOVOVIA CONSULTING

- A virtual training hub to compassionately guide you to adopt this alternative approach.
- Introductory, advanced, and refresher workshops are available both online and in person.
- One-on-one MI counselling services are immediately available for parents, teens, and allies to be an option outside of the traditional social services system.



DOES THIS SOUND INTERESTING? WHAT'S NEXT?

Book Workshop



Contact me to schedule a complimentary workshop at:
jennifer@novovia.se.

Try Online Course



Try our free demo of
Lighthouse Conversations
with Teens.

Read a Chapter



Read a free chapter of my new book: *Lighthouse Conversations: Being a Beacon for Teens*.

www.novovia.se